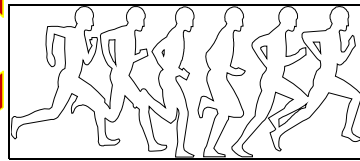
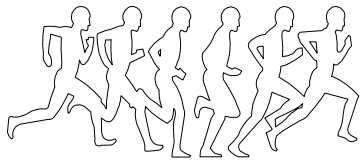


Hellhole Multi Terrain 10km race



and 3km Fun Run

PERMIT NO 1768

Sunday, 21st October, 2007

www.derwentsideac.co.uk

Inaugural 10k multi-terrain on public footpaths and passing through Hellhole Wood

*** Fun run at 9.30am * 10km race at 10.30am**

Race HQ, Tanfield School Specialist College, Tanfield Lea Road, Stanley, DH9 8AY

**SHOWERS, CHANGING FACILITIES, REFRESHMENTS
AND AMPLE FREE PARKING**



Memento for all finishers
INDIVIDUAL, VET AND TEAM PRIZES

Entry Fees: Fun Run £3

10km race £8.00 attached; £10 unattached

Entry on the day £2.00 extra

Closing date for postal entries: 12th October, 2007

Please make cheques payable to Derwentside AC

(include 9" x 6" SAE) to:

Derwentside AC, c/o Carol Greenwood, Oxford House,
Stanley, Co Durham, DH9 8EZ



Please enter me for the 2007 Derwentside Fun Run Hellhole 10k Race

Surname:..... Forename:

Address:.....

Postcode: Telephone Number:

Date of Birth:..... Age on 21st October:.....

Male/female:.....email address:.....

Name of UKA Affiliated Club (if applicable).....

NOEAA Membership No..... downloaded from www.barrycornelius.com/running/races/next.htm

Please note: Competitors must be 16 years or over to enter the 10km race

Declaration: I am an amateur as defined by UKA Rules and agree to abide by their laws and rules. I am medically fit to run and understand that I participate entirely at my own risk. I will in no way hold the organisers responsible for any injury or illness to my person during or as a result of the event, or for any property lost on the course, clothes area or in the vicinity of the event.

Signature: Date:

Countersigned by Parent/Guardian if under 18