



BEACH RUN (approx 10km) Sun May 24th 2009 @ 10.00am
 SEAHOUSES BEACH, NORTHUMBERLAND
ENTRY FORM

Name Male Female

Address

Postcode

Age on 24 May 09

Daytime telephone number

E-mail address if applicable

Entry fee is £10 - if you wish to donate any more it will be very gratefully received.

I acknowledge that I may train for and take part in, the Chin-Up Beach Run entirely at my own risk and I enclose a payment of £.....

Signed.....Date.....

Cheques or Postal Orders only should be made payable to Chin-Up and sent with completed entry form and self-addressed, stamped envelope

**Ellen Phillips
 26 Moorland Avenue
 Haltwhistle
 Northumberland
 NE49 9ES**

Place numbers and final details will be posted out in the last ten days before the run. Please consult your bank statement for confirmation of payment. Further details can be obtained from www.chin-up-charity.org.uk

Downloaded from <http://www.barrycornelius.com/running/races/next.htm>