

## **Durham University Cathedral Relays 2008**

On Sunday 17<sup>th</sup> February Durham University athletics and cross country club are holding their annual Cathedral relays race. The event has been running successfully for a number of years and will attract a wide variety of competitors, including a substantial number of Durham University runners, many good local running clubs and other university teams.

Both the women's and men's races will be approximately 2miles with the women's race starting at 1.30pm and the men's at 2.30pm. The course follows a mainly flat, fast, mostly road route around the scenic grounds of the Cathedral. It starts and finishes at the Cathedral end of the Prebends bridge. Competitors will run along the bridge, into the woods alongside the river, over Chorister school field, along the road opposite St. Mary's college before turning back towards the Prebends bridge. The route will be well marked out and marshalled. Runners will not need to cross any roads and the event will be held under the rules of the UK athletics association. Along with this a thorough risk assessment will be filled out.

Registration will take place at 12.00pm at the junior common room at St. Cuthbert's society (where there will be toilets and refreshment facilities) which is at the end of the South Bailey road, (5mins past the Cathedral or 200m from the race start.) The nearest parking is in the The Gates (Milburngate) shopping centre multi storey car park, unfortunately this is not free but only costs 50p per 2hours on a Sunday. It is only a 5mins walk from the start, leaving the car park into the shopping centre, taking the first left exit, turn left and walk over the bridge before taking a sharp right down some steps past bella italia. Walk up the incline and follow the path all the way until you see the start of the race.

The entry fee is £3 (if pre-entering) per individual and £4 on the day. Please see entry forms attached. If many people want to enter could the forms please be photocopied. For the men's race, 4 runners are needed to make up a team, and 3 for women. Prizes are available for the first three male and female teams and the fastest individual men and women legs with the presentation being held soon after the men's race in St. Cuthbert's society bar.

The event really is a great one for runners of all abilities to enter and every year it is thoroughly enjoyed by everyone participating as there is always great enthusiasm and fun! Especially as we will also be having our famous beer relay which everyone is welcome to join in!

Please feel free to contact me with any queries via email [nathan.shrubb@dur.ac.uk](mailto:nathan.shrubb@dur.ac.uk) or mobile 07821838526 and I hope we will see you there!

Yours sincerely,  
Nathan Shrubb,  
Race secretary, Durham University athletics and cross country club

## Durham University Cathedral Relays Race Entry Form

| Male Team | Leg 1 | Leg 2 | Leg 3 | Leg 4 |
|-----------|-------|-------|-------|-------|
|           |       |       |       |       |

| Female Team | Leg 1 | Leg 2 | Leg |
|-------------|-------|-------|-----|
|             |       |       |     |

Contact name .....

Contact email.....

Contact Number.....

Club.....

Cheque enclosed for £.....

Signature.....

Date.....

Please make cheques payable to **DUAXC**, and send them with this form to:-

**Mr Nathan Shrubbs**

**4, The Avenue**

**Durham**

**County Durham**

**DH14ED**

The closing date for entries is 11th February, the pre-entry cost is **£3** per runner, **£4** per runner on the day.

All runners must register at **12.00pm on Sunday 17<sup>th</sup> February 2008** at St. Cuthbert's society, junior common room at the end of the Bailey (cobbled road along from the Cathedral.)

Please email **nathan.shrubbs@dur.ac.uk** with any queries.

bjc

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**Deloitte.**

**Durham University Athletics and Cross country**

**In association with Deloitte and Start Fitness**

**Hold their annual Cathedral Relays race on Sunday  
17<sup>th</sup> February 2008**

**Pre-entry: £3**

**On the day entry: £4 (Unattached £5)**

**Registration from 12pm at St. Cuthbert's society,  
JCR**

**Women's 2mile race: 1.30pm**

**Men's 2mile race: 2.30pm**

**Prizes for first 3 male and female teams and fastest  
male and female legs.**



