

# SALTBURN SANDBLASTER 10 KM ROAD RUN

Sunday 19 August 2007

NEAA Permit 1619

*This popular event is held annually as part of Redcar Race Walking Club's Victorian Programme on the same afternoon. It is held over the same fast exactly measured 10km course as the open walk. We have to tell you that it is approximate because the organiser is only qualified to measure walk courses.*

**Start time 1-15 pm from the Marine Hotel in Saltburn**

**Registration and distribution of numbers from 11 am.**

*Substantial prize lists, for individuals and team challenges involving four runners per team - male or female - Quality goody bags – commemorative items for all - Prize for the best dressed Victorian finisher – Musical entertainment all afternoon!*

*Details of race walking events on the same day are available from the organiser.*

*Entry limit is 100 - Postal entries close on 11 August or when limit is reached - We don't operate an SAE system so if you don't hear from us you are in – More expensive 'on the day' entries only accepted up to our 100 limit*

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Entry Form for Saltburn Sandblaster 10 KM Road Run

First Name \_\_\_\_\_ Age \_\_\_\_\_

Surname \_\_\_\_\_ Tel \_\_\_\_\_

Address \_\_\_\_\_

Affiliated Club \_\_\_\_\_

Entries £5 per person (affiliated), £2 extra for non-affiliated, Cheques to Redcar Race Walking Club

John Paddick, 160 West Dyke Road, Redcar, Cleveland, TS10 1JN -TEL 01642 489728

I am an amateur as defined by the rules of UK Athletics. I agree that the race organisers will not be held responsible for any injury or illness however caused.

Signed \_\_\_\_\_ Date \_\_\_\_\_